



# Saint Cyril Spiritual Center

Villa Sacred Heart, Danville PA

## Mission Statement

Saint Cyril Spiritual Center is a sponsored ministry of the Sisters of Saints Cyril and Methodius dedicated to providing “service to the people of God in love and compassion.”

(SSCM Charism)

Sensitive to the contemporary needs of those seeking time apart with God, the Spiritual Center welcomes people of various faiths and ages with gracious hospitality.

The Center offers retreats, spiritual direction and a quiet place for individuals or hosted groups, within a serene setting of natural beauty, “so that the gospel vision of the Kingdom may be fulfilled in us and in those we serve.”

(SSCM Mission)

## 2010 Retreat Schedule

Listed below are offerings for 2010. To register for any of the following retreats, or for a solitary hermitage experience at our refurbished farmhouse, or for Spiritual Direction, please contact Sister Jean Marie, SSCM, at Villa Sacred Heart, 580 Railroad St., Danville, PA 17821-1698 or contact her through the SSCM website: [www.sscm.org](http://www.sscm.org).

**Directed or private retreats of varying periods of time during the year can be arranged by request.**

**Register online at [www.sscm.org](http://www.sscm.org) or call 570-275-3581**

**Groups are Welcome!**

Please contact Sister Philothea, SSCM, at the above mailing address if you are interested in having accommodations for your group or contact her through the SSCM website: [www.sscm.org](http://www.sscm.org).

If you are interested in volunteering your services, please contact us.

## St. Cyril Spiritual Center Calendar of Programs

January-December 2010

### **IMPORTANT: 4 Hr. programs include a Full Dinner**

We have tried to keep costs down with offering 2 hour Morning or Afternoon programs without meals. However, participants can either bring their own bag lunch or make meal reservations for an additional cost. Full Dinner at Noon = \$11.00 or Supper at 5:00 PM = \$8.00

### **FEBRUARY**

5	Refreshing Our Prayer Life -1 <sup>st</sup> Friday (6-8 PM) - Fr. Patrick Devine	\$20.00
13	Caring by & for the Caregiver (10-3 PM w/lunch) - Sr. Maria Theresa	\$35.00
<b>19-20</b>	<b>1<sup>ST</sup> LUTHERAN WOMEN - MUNCY, PA (HOSTED GROUP)</b>	
26	Taize Prayer /The Seven Last Words (6-8 PM) - Sr. John Vianney	\$20.00
26-28	Directed Prayer Weekend Directors: Renee Crauder & Sr. Jean Marie	\$150.00

### **MARCH**

5	In Memory of Me -1 <sup>st</sup> Friday (6-8 PM) - Fr. Raymond Orloski	\$20.00
6	East of Eden: An Examen of Conscience for a Modern Christian (1-3 PM) - Joan Liebler	\$20.00
<b>14</b>	<b><i>Lenten Day of Reflection Theme: "I Thirst" (9:00-3:30 PM w/lunch)</i></b>	<b>\$35.00</b>
<b>18-21</b>	<b>MEN'S TRES DIAS (HOSTED GROUP)</b>	

### **APRIL**

10	Growing as a Lay Contemplative - (10-12 PM) Sr. Bernadette Marie	\$20.00
<b>15-18</b>	<b>TRES DIAS - WOMEN (HOSTED GROUP)</b>	
<b>23-24</b>	<b>1<sup>ST</sup> UNITED METHODIST WOMEN - MUNCY, PA (HOSTED GROUP)</b>	
29	Taize Prayer /The Seven Next Words (6-8 PM) - Sr. John Vianney	\$20.00
30-May 2	Directed Prayer Weekend Directors: Lu Ann O'Connell & Sr. Jean Marie	\$150.00

### **MAY**

<b>2-8</b>	<b>Directed Retreat for Sisters Director: Julia Grey, OP</b>	<b>\$370.00</b>
7	Mary and the Eucharist -1 <sup>st</sup> Friday (6-8 PM) - Fr. Albert Oldfield	\$20.00
15	Creating a Personal Sacred Space (2-4 PM) - Rev. Christine Woods-Henderson	\$20.00
<b>19-20</b>	<b>C/DRE RETREAT - HARRISBURG DIOCESE (HOSTED GROUP)</b>	
22	Mandala: Journey to the Center - (10-12 PM Bag Lunch) Nancy Roberts DePoe	\$20.00

### **JUNE**

4	Christ's Eucharistic Heart -1 <sup>st</sup> Friday (6-8 PM) - Fr. Joseph Fennessy	\$20.00
<b>4-6</b>	<b>PRIVATE GROUP RETREAT</b>	
<b>27-7/3</b>	<b>Preached Retreat -Religious Life as Prophetic Enterprise - Fintan Sheeran, ss.cc.</b>	<b>\$370.00</b>

### **JULY**

<b>16-21</b>	<b>Maria Hall Preached Retreat - The Parables of Jesus - James Deegan, OMI</b>	<b>\$370.00</b>
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### **SEPTEMBER**

<b>9</b>	<b>ST. CYRIL SPIRITUAL CENTER'S 10<sup>TH</sup> ANNIVERSARY - PROGRAM FOR THE UNEMPLOYED</b>	
10	Rediscovering an Attitude of Gratitude (6-8 PM) - Fr. Steven W. Fauser	\$20.00
<b>17 -18</b>	<b>ST. THERESA PARISH WOMEN'S RETREAT (HOSTED GROUP)</b>	

### **OCTOBER**

1	Gift of Finest Wheat; We Hunger - He Satisfies -1 <sup>st</sup> Fri. (6-8 PM) - Fr. J. Kilpatrick	\$20.00
1-3	Directed Weekend Directors: Rev. Christine Woods-Henderson & Sr. Jean	\$150.00
<b>7-10</b>	<b>TRES DIAS - MEN (HOSTED GROUP)</b>	
30	St. Elizabeth Ann Seton: The Immigrants' Advocate - (10-12 PM) - Sr. Seton Marie	\$20.00

### **NOVEMBER**

<b>4-7</b>	<b>TRES DIAS - WOMEN (HOSTED GROUP)</b>	
12-14	Directed Weekend Directors: Judith Bayer & Sr. Jean Marie	\$150.00
<b>29-30</b>	<b>SOCIETY OF THE HOLY TRINITY (HOSTED GROUP)</b>	

### **DECEMBER**

3	Long Awaited - 1 <sup>st</sup> Fri. (6-8 PM) - Fr. Gerard Heintzelman	\$20.00
4	The Advents of Life - (10-12 PM) - Sr. Linda Marie	\$20.00

# Types of Retreat Offerings

## Directed or Private Self-Directed Retreat

This retreat is *silent*. A contemplative atmosphere will be supported by silent meals with quiet music. It will offer time for prayer, Liturgy, and (for those who choose directed retreat) meeting privately with a spiritual director to discuss their experience of God in prayer. A *private retreat* is spent in *silence* and prayer, but is *self-directed*.

## Preached Retreat

This is a structured retreat with a presenter who develops a theme through a combination of talks, discussions and/or activities. There are times for silent prayer, Liturgy, individual leisure activities and the Sacrament of Reconciliation. A choice of silence or conversation at meals is usually given.

## Reflection Morning or Afternoon

This is a time to reflect on a seasonal theme for several hours with people who are interested in doing the same. The presenter will guide the day's reflection and interaction with the group.

## Weekend Retreat

Together with the presenter(s), the retreatants explore the theme of the retreat through talks, individual and group activities and prayer experiences.

## St. Cyril Spiritual Center 2010 Presenters



**Fr. Patrick Devine** has been a parish priest in the Diocese of Harrisburg since 1969. He is a graduate of Mount St. Mary's Seminary in Emmitsburg, MD, with an M.A. in Theology. He is currently chaplain to the Sisters in Maria Hall, Danville, PA.

**February 5**

**Sr. MariaTheresa Hronec, SS.C.M., BSN, RN**, gratefully celebrates 50 years as a Sister of Saints Cyril and Methodius. Her ministry experience includes: nursing, especially care for the elderly, Hospice, school nursing and teaching, and caring for an aging parent. A trained Hospital Chaplain, Sister has ministered in Holy Spirit Hospital, Camp Hill, PA, where she also served on the Medical Ethics Board and as a Bereavement Counselor. Presently, Sr. MariaTheresa serves as a Chaplain at Geisinger Medical Center in Danville.

**February 13**



**Sister M. John Vianney Vranak, SS.C.M.**, a Chicago native, received her elementary and secondary education there. She entered the Congregation of the Sisters of Saints Cyril and Methodius in Danville, PA, and earned a B.S. in Home Economics Education from Marywood University, and a Master's Degree in Secondary Education from St. Louis University in Missouri. Sister John Vianney served the Congregation as an elementary and secondary teacher, a music teacher, homemaker, and as an Activities Director and Administrator of the Congregation's facilities for the Aging. She spent twelve years in Congregational Administration, four of them as General Superior, and later served in the Archdiocese of Chicago as a Coordinator of Evangelization for a five-parish cluster including ministry to immigrants from Slovakia. She gave parish missions and days/evenings of reflection. Currently, she is the Director of Jankola Library and Slovak Museum on the campus of Villa Sacred Heart, in Danville, PA. **February 26, April 29**



**Renee Crauder**, a Quaker, is a graduate of Douglas College with a BA in Spanish and English, and from Central State University, Ohio, with an MA in English. She studied spiritual direction at Pendle Hill, the Jesuit Center at Wernersville, PA, and at Loyola House in Guelph, Ontario. She has been directing people toward God for more than 25 years, in Bangladesh, Philadelphia and State College, PA. She and her husband Bob have been married for 58 years and have spent a dozen of those years in third world countries working with non-profits. They have two children and four grandchildren. Renee's experience includes teaching college English, magazine writing/editing, and working as a tour guide in Asia. Currently, she and her husband live in the retirement village of Foxdale in State College, PA. She says of her spiritual direction style, "I direct retreatants from where they are, since that is where God meets them. I use Ignatian spirituality when that is the right way to go." **February 26-28**

**Sister Jean Marie Holup, SS.C.M.**, is a Sister of Saints Cyril and Methodius, and the director of St. Cyril's Spiritual Center. She received her M.A. in Spirituality from Creighton University, Omaha, NE, and did her practicum at the Jesuit Center for Spiritual Growth, Wernersville, PA. Involved in retreat work on the East Coast, in several Mid-western States, and in Nova Scotia, Canada, she has witnessed the profound insights discovered through the working of the Holy Spirit during each person's spiritual journey. It has been her joy to accompany laity, clergy of various denominations, and men and women religious on their spiritual journeys. **February 26-28, April 30-May 2, September 9, October 1-2, November 12-14**



**Rev. Raymond J. Orloski** is a native of Kulpmont, PA. He was ordained a priest of the Diocese of Harrisburg on May 19, 1962. As an associate pastor, he served in the communities of Berwick, Lebanon, Lancaster, York, Chambersburg, and Hershey, where he also acted as chaplain to the Pennsylvania State Police. As Pastor, he served for 19 years at the former Saints Cyril & Methodius parish, Lebanon, PA. During his pastorate in Lebanon, he served on the board of the greater Harrisburg area arts council and the Pennsylvania Board of Education. Fr. Orloski served as pastor for 13 years at the consolidated and newly formed parish of Holy Angels, Kulpmont, PA, before retiring from his pastorate at Holy Angels in 2008. **March 5**

**Joan Gratto Liebler, MA, MPA** is a retired professor. In addition to her professional education, training and career in health care and public administration, she has completed a Master of Arts in religious studies from St. Charles Boromeo Seminary in Philadelphia, PA. Her field of concentration was moral theology, including medical ethics and end-of-life decision making. She has completed a residency program in retreat direction and spiritual companionship. She has also completed a certificate program in Jungian psychology, with emphasis on the relationship of spirituality and psychology. She has given many workshops and presentations on lay spirituality. **March 6**



**Sister Bernadette Marie Ondus, SS.C.M.**, was a teacher and a prison chaplain for many years. A writer and editor, she is currently a chaplain at the Danville State Hospital. She has given presentations for the Spiritual Center and at the annual Lenten retreats. **April 10**



**LuAnn Sgrecci O'Connell** is a mother of five children ages 11-19 whom she and her husband have been homeschooling for 14 years. She is a Spiritual Director who received her training through Oasis Ministries and has been involved in worship and teaching in her faith communities. After receiving a Master's Degree in Public Policy Analysis, LuAnn worked for a state school boards association and a college computing center. Her passions are God, learning, writing, nature, history, art, contemplative living and companioning others on their spiritual journeys. **April 30 – May 2**



**Julia Grey, OP**, a Dominican Sister of Peace, has an MA in Pastoral Studies from Loyola University. She is a graduate of the Institute for Spiritual Leadership (ISL) in Chicago, IL, and the Center for Religious Development (CRD) in Cambridge, MA. Julie worked full time at Emmaus Spiritual Life Center in Uncasville, CT. for 15 years, doing spiritual direction, programs and giving directed retreats throughout New England. After five years of ministry in formation for her Congregation, she joined the staff as a full time director at St. Raphaela Retreat Center in Haverford, PA., where she presently resides in full time ministry. **May 2-8**



**Fr. Albert E. Oldfield** is a native of Nanticoke, PA and takes pride in the fact that he was taught by Sr. Jeanette, SSCM, at St. Joseph's parish school there. After graduating from King's College in Wilkes-Barre, he attended Mt. St. Mary's Seminary in Emmitsburg, MD, and St. Mary's Seminary in Baltimore. Fr. Oldfield was ordained on May 23, 1959, for the Diocese of Scranton, and spent 50 years ministering in that diocese as a parish priest, a hospital chaplain, and chaplain for the Little Sisters of the Poor. He spent years as a church organist and cantor and enjoys gardening. **May 7**

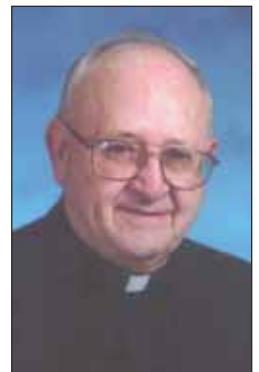
**Rev. Dr. Christine Woods-Henderson** received her doctorate in Counseling Psychology from Ohio State University and her Master of Divinity from the Methodist Theological School in Ohio. She has served a number of churches as an ordained pastor in the Presbyterian Church (USA) for the past 20 years. Christine is a spiritual director, having received a certificate of completion in 2007. This past August, she completed the two-year Academy for Spiritual Formation. She is drawn to spiritual formation and practices, wholeness of body/mind/spirit, nature, music, sacred spaces, liturgical dance, and 12-Step Spirituality. **May 15, October 1-3**



**Nancy Roberts DePoe's** own spiritual journey has been an exciting one – having lived and taught in Japan, Belgium and the U.S., she is open to the spiritual truths found in many of the world's religions. Nancy received her Master of Divinity from the Theological School at Drew University and has pastored United Methodist churches in Pennsylvania and Maine. She has more than ten years experience teaching and conducting seminars and workshops. Nancy is married to Fred M. DePoe, Jr. . They have two daughters, Megan and Chelsea, and reside on their farm (*Anam Cara Farms*) in Benton, PA. She enjoys reading and painting and has collected numerous books on world religions and spirituality. **May 22**



**Fr. Joseph H. Fennessy** was born in Locust Dale, PA, and graduated from schools in Conyngham Township. He attended St. Charles Seminary in Catonsville, MD, and St. Charles Seminary in Overbrook, PA. Fr. Fennessy ministered as a parish priest in several parishes, and led the faithful as a pastor in 6 different parishes, one of which was St. Mary's in Berwick. Although he is retired, he remains very active and enjoys being a "Pastor at Large" supplying service to the Northern Deanery of the Harrisburg Diocese. **June 4**





**Fintan Sheeran, ss.cc.**, is a member of the Congregation of the Sacred Hearts of Jesus and Mary. Presently, he assists at St. Margaret of Scotland parish on the outskirts of Washington, DC. He has served in leadership roles in his Congregation at local, province and general levels. His ministry experience includes formation work in Europe, the US and Asia and at present he works with the Religious Formation Conference. He has done extensive retreat, facilitation and consultancy work, particularly with religious in the US and elsewhere. **June 27- July 3**



**Fr. Jim Deegan, OMI**, is a native of Richfield, MN and a member of the Missionary Oblates of Mary Immaculate. He was ordained in 1970 after completing his theological studies at Oblate School of Theology in San Antonio, TX. Over the years, he has served as a parish priest, a hospital chaplain, a vocation director, a novice master, and provincial of his community. Fr. Jim served as Director of Christ the King Retreat Center in Buffalo, MN from 1994 – 2003. After leaving King’s House he served at St. Casimir’s Parish in St. Paul for one year and then returned a second time to the Oblate Novitiate in Godfrey, IL for a three-year term as Novice Master. Currently Fr. Jim is a member of the

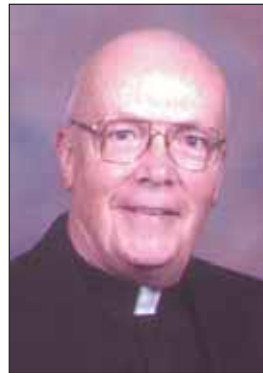
Preaching Team at Christ the King Retreat Center in Buffalo, MN. His areas of special interest are the Parables of Jesus, Centering Prayer and Lectio Divina. **July 16-21**

**Fr. Steven W. Fauser** graduated from St. Vincent Seminary, in Latrobe, Pennsylvania in 2003. He served as Parochial Vicar, at St. Joseph Parish, in Hanover, PA, from 2003-2006, and at St. John Neumann Parish, in Lancaster, PA from 2006-2008. Fr. Fauser served as Campus Minister, at both Millersville University and Franklin Marshall College from 2008-2009. Currently, he is pastor of St. Joseph’s Parish in Danville, PA.



**September 10**

**Fr. John J. Kilpatrick** is a native of Carbondale, PA. He attended St. Charles College in Catonsville, MD, and St. Mary’s Seminary, Baltimore, MD. Ordained on May 27, 1961, for the Diocese of Scranton, he spent 48 years as a parish priest. He has been involved in retreat programs at the Scranton Diocesan Fatima Retreat Center, and many outreach activities.



**October 1**

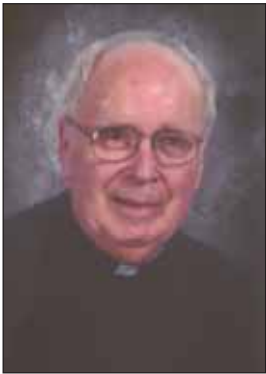


**Sister Seton Marie, Connolly, SS.C.M.**, has served in the Diocese of Harrisburg for more than 25 years as a teacher, elementary school principal, vocation director, Congregational leader, and is presently serving as a board-certified Catholic Chaplain in the Hospice of Lancaster County. From 1997 through 2008, Sister Seton served as the Director of Spiritual Care and Interim Vice President for Mission at St. Francis Hospital in Wilmington, DE. Sister holds a BA degree from Alvernia University, an M.Ed. from Bloomsburg University, an MA from Catholic University of America and Board Certification from the National Association of Catholic Chaplains. **October 3**

**Judith Bayer** is a wife, mother, and grandmother who felt invited to follow the Spirit’s lead in completing a three-year program for certification as a Spiritual Director from the Institute of Contemporary Spirituality at Marywood University in Scranton, PA. She sees “Spiritual Direction as a conversation with a director, focused on prayer and discernment, a way to open the door to a deeper, more fulfilling relationship with God.” Currently, Judith offers spiritual direction to several people on a regular basis. Her interests include gardening, reading, and studying art, psychology, religion and writing icons.

**November 12-14**





**Fr. Gerard T. Heintzelman** lists with joy his role as the current Rector of the Basilica of Saints Cyril and Methodius in Danville, PA. Other joys include his first visit to the Slovak Girls' Academy in July 1938 where his sister Rita was enrolled, his ordination in 1959 for the Diocese of Harrisburg, and his appointment as full-time Chaplain at Geisinger Hospital with residence at Bethany, a house on the property of the Motherhouse of the Sisters of Saints Cyril and Methodius. A major portion of Fr. Jerry's life was spent on the West Coast where he ministered as a Hospital Chaplain and Director of Spiritual Care, along with serving as Lead Team Priest for Worldwide Marriage Encounter in archdioceses in Oregon and California. Along with 42 years of service in Health Ministry, Fr. Jerry ministered in various parishes of the Diocese of Harrisburg. **December 3**

**Sr. Linda Marie Bolinski, SS.C.M.**, has ministered as a Director of Catechesis and as an Elementary School Principal, and is currently in Leadership for the Sisters of Saints Cyril and Methodius.



## St. Cyril Spiritual Center Programs

**1<sup>st</sup> Friday Evening** – Presenter: Fr. Patrick Devine

Date: February 5, 2010 – Arrival: 5:45 PM – Departure: 8:00 PM – Suggested Donation: \$20.00  
6-7:00 PM Exposition / Talk/Benediction – 7:00-7:45 availability for Confession – 7:55 Closing Prayer

Registration Deadline: Jan. 29, 2010

*“Recapturing our Sense of Wonder and Awe to Refresh our Prayer Life”*

The journey of life can wear us down! We've been there, done that! We gradually lose our zest for life and God. Our prayer life becomes routine. Jesus says that unless we become like little children, we will not enter the Kingdom of God. Recapturing our sense of childlike wonder and awe is a way to recapture our zest for life as well as refresh our prayer life and our worship.

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**Reflection Day** – Presenter: Sr. Maria Theresa Hronec, SSCM, BSN, RN

Date: February 13, 2010 – Arrival: 9:45 AM – Departure: 3:00 PM – Offering: \$35.00 (includes Dinner)

Registration Deadline: Feb. 5, 2010

*“Caring by and for the Caregiver”*

The summons to service tugs at one's heart with the touch of God's Spirit. It may come at any time. Spiritually, we are invited to meet Jesus and be like Jesus in the encounter. This presentation will focus on caregivers and their response, involvement, struggles, satisfaction and support. Participants will be encouraged to share their own caring experience.

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**Lenten Evening of Taize** – Presenter: Sr. John Vianney Vranak, SSCM

Date: February 26, 2010 – Arrival: 5:45 PM – Departure: 8:00 PM – Offering: \$20.00

Registration Deadline: Feb. 19, 2010

The Lenten presentation will be “The Seven Last Words” with Taize hymns and mantras interspersed. It will also include personal and contemporary applications of these Words of Jesus.

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**Silent Directed Retreat Weekend** – Directors: Renee Crauder and Sr. Jean Marie Holup, SSCM

Dates: February 26-28, 2010 – Arrival: Fri., 7:00 PM –Departure: Sun., 2:00 PM– Offering: \$150.00

Registration Deadline: Feb. 19, 2010

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**1<sup>st</sup> Friday Evening** – Presenter: Fr. Raymond Orloski

Date: March 5, 2010 – Arrival: 5:45 PM – Departure: 8:00 PM – Suggested Donation: \$20.00

6-7:00 PM Exposition /Talk/ Benediction – 7:00-7:45 availability for Confession – 7:55 Closing Prayer

*“In Memory of Me”*

Registration Deadline: Feb. 26, 2010

Through an act of filial, obedient love, the ever ancient religious ritual meal of Passover would become the ever new sacrificial covenant of love. The ever new covenant of deliverance, like the ever ancient Passover, is sealed in blood, not of an animal, but of the very Son of God. Remember this! Do this in memory and thanksgiving.

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**Lenten Afternoon** – Presenter: Joan Liebler

Date: March 6, 2010 – Arrival: 12:45 PM – Departure: 3:00 PM – Offering: \$20.00

*“East of Eden: An Examen of Conscience for a Modern Christian”*

Registration Deadline: Feb. 26, 2010

So what do you say after years of “going to confession,” especially when you haven’t done anything “really bad”? Or, in the on-going call to conversion, how do you find words to express that deeper sense of sin, that nameless taproot of disorder? Let us journey through a contemporary examen of conscience around themes of God’s original plan; environmental stewardship; co-creation through work, childbearing and rearing; male and female partnership and union; health and strength in our mortal bodies; and the companionship of one another. Please bring a Bible to this session.

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**Reflection Morning** – Presenter: Sr. Bernadette Marie Ondus, SSCM

Date: April 10, 2010 – Arrival: 9:45 AM – Departure: 12:00 Noon – Offering \$20.00

*“Growing As a Lay Contemplative”*

Registration Deadline: Mar. 30, 2010

Have you felt the call to contemplation but dismissed it because you felt living a contemplative life is only for a select few? Believe it or not, many people today are called to a life of contemplative prayer while at the same time living an active life in the world. This talk will focus on the signs a person experiences when called to the contemplative life in the world and the practices he/she can utilize in the search. You will learn what the whole lay contemplative movement is about through the testimony of individuals living a contemplative life while at the same time pursuing a career, earning a living, raising a family, being of service to others. A few references to retreat and formation centers will also be presented.

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**Easter Evening of Taize** – Presenter: Sr. John Vianney Vranak, SSCM

Date: April 29, 2010 – Arrival: 5:45 PM – Departure: 8:00 PM – Offering: \$20.00

Registration Deadline: Apr. 23, 2010

The post-Easter presentation will be “The Seven Next Words.” A similar application will be made with Taize hymns and others enhancing the reflection.

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**Silent Directed Retreat Weekend** – Directors: Lu Ann O’Connell & Sr. Jean Marie Holup, SSCM

Dates: April 30 – May 2, 2010 – Arrival: Fri., 7:00 PM – Departure: Sun., 2:00 PM – Offering: \$150.00

Registration Deadline: Apr. 23, 2010

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**Week of Silent Directed Retreat** – Director: Sr. Julia Grey, OP

Dates: May 2-8, 2010 – Arrival: Sun., 3:00 PM – Departure: Sat., 10:00 AM – Offering: \$370.00

Registration Deadline: Apr. 23, 2010

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**1<sup>st</sup> Friday Evening** – Presenter: Fr. Albert Oldfield

Date: May 7, 2010 – Arrival: 5:45 PM – Departure: 8:00 PM – Suggested Donation: \$20.00  
6-7:00 PM Exposition / Talk / Benediction – 7:00-7:45 availability for Confession – 7:55 Closing Prayer

*“Mary and the Eucharist”*

Registration Deadline: Apr. 30, 2010

Mary conceived Jesus in her immaculate body and gave Him to the entire world. Through the Eucharist with her help, we are able to form Him and His attitudes and have His mind set. We are better able to share Him with the world about us.

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**Reflection Afternoon** – Presenter: Rev. Dr. Christine Woods-Henderson

Date: May 15, 2010 – Arrival: 1:45 PM – Departure: 4:00 PM – Offering: \$20.00

*“Creating a Personal Sacred Space”*

Registration Deadline: May 7, 2010

“We are to find a private place where we can get real before God. It is to be a sacred space, a private sanctuary where you can be alone with God pouring out your heart...” (Marcia Ford) Participants will be introduced to the concept of sacred space, especially as a spiritual practice or discipline. Participants will be invited to journey in silence to visit various “sacred space stations” set up in the room to pause, ponder, and reflect. There will also be time for sharing together as a group. Participants will be encouraged to create a personal sacred space or perhaps to create afresh that which they already have. Handouts will be provided.

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**Reflection Morning** – Presenter: Nancy Roberts DePoe

Date: May 22, 2010 – Arrival: 9:45 AM – Departure: After Noon Lunch – Offering: \$20.00

*It is the presenter's request that her presentation finish with a shared meal (for those wishing to stay), either bringing their own bagged lunch OR (paying an additional \$11.00 for the full dinner).*

*“Mandala: Journeying to the Center”*

Registration Deadline: May 14, 2010

A mandala (Sanskrit for “circle”) is a sacred symbolic diagram found in all cultures and traditions; from the rose windows of the great cathedrals to the sand paintings of the Tibetan Buddhist monks and Southwestern Native Americans - mandalas are an expression of unity and wholeness. Coloring or creating a mandala focuses the attention, nourishes the soul, and enlivens the senses. Come and learn more about the mandala and create one yourself!

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**1<sup>st</sup> Friday Evening** – Presenter: Fr. Joseph H. Fennessy

Date: June 4, 2010 – Arrival: 5:45 PM – Departure: 8:00 PM – Suggested Donation: \$20.00

6-7:00 PM Exposition / Talk / Benediction – 7:00-7:45 availability for Confession – 7:55 Closing Prayer

Registration Deadline: May 25, 2010

*“Christ’s Eucharistic Heart”*

The Eucharist is the great gift of the Heart of Christ. It is the permanent sign of divine love and calls each person to respond in love. This reflection will show that the Sacred Heart, the Holy Eucharist, and Love Itself, are one and the same, inviting our devotion.

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**Conference Retreat Week for Religious** – Presenter: Fintan Sheeran, ss.cc.

Dates: June 27–July 3, 2010 – Arrival: Sun., 3:00 PM – Departure: Sat., 10:00 AM – Offering: \$370.00

Registration Deadline: June 5, 2010

*“Religious Life as Prophetic Enterprise”*

Fintan Sheeran, ss.cc. will offer a perspective on religious life as a radical expression of Christian faith that is prophetic in its origins, character and purpose. The conviction of this approach is that it can provide ground for an authentic interpretation of the meaning of religious life, both in terms of its inherent character and of its contemporary relevance.

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**Conference Retreat Week** – Presenter: James Deegan, OMI

Dates: July, 16-21, 2010 – Arrival: Fri., 3:00 PM – Departure: Thurs., 10:00 AM – Offering: \$370.00

Registration Deadline: July 7, 2010

*“The Parables of Jesus”*

Everybody loves a good story! Stories have a way of capturing our attention and opening us to new and unexpected insights. Jesus was a master storyteller. Through His use of parables, He challenged people to become more aware of where they were in their faith journey and to change their ways of thinking and living. Ultimately, He invited them to change their very hearts! Since the major themes of Jesus’ teachings are found in the parables, the Church indicates their importance by including every one of them in the three-year cycle of Sunday readings. During this retreat we will reflect on how the stories of Jesus enlighten and speak to the stories that are central to our own personal faith journey.

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**2nd Friday Evening** – Presenter: Fr. Steven W. Fauser

Date: September 10, 2010 – Arrival: 5:45 PM – Departure: 8:00 PM – Suggested Donation: \$20.00  
6-7:00 PM Exposition / Talk / Benediction – 7:00-7:45 availability for Confession – 7:55 Closing Prayer

Registration Deadline: Sept. 7, 2010

*“Rediscovering an Attitude of Gratitude”*

In an age plagued by self-centeredness and greed, the phrase “Thank you” often ends up on the endangered species list. A true devotion to the Eucharist, which means “thanksgiving,” can help us look beyond ourselves and embrace an attitude of gratefulness and contentment.

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**1st Friday Evening** – Presenter: Fr. John J. Kilpatrick

Date: October 1, 2010 – Arrival: 5:45 PM – Departure: 8:00 PM – Suggested Donation: \$20.00  
6-7:00 PM Exposition / Talk / Benediction – 7:00-7:45 availability for Confession – 7:55 Closing Prayer

Registration Deadline: Sept. 24, 2010

*“Gift of Finest Wheat: We Hunger; He Satisfies”*

The promise made by Jesus to be the “Bread of Life” presupposes that we will feel the need to have our hungers satisfied. But, do we, really? And what might our hungers be?

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**Silent Directed Retreat Weekend** – Directors: Rev. Christine Woods-Henderson and Sr. Jean Marie, SSCM

October 1-3, 2010 – Arrival: Fri., 7:00 PM – Departure: Sun., 2:00 PM – Offering: \$150.00

Registration Deadline: Sept. 24, 2010

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**Reflection Morning** – Presenter: Sr. Seton Marie Connolly, SSCM

Date: October 30, 2010 – Arrival: 9:45 AM – Departure: 12:00 Noon – Offering: \$20.00

Registration Deadline: Oct. 22, 2010

*“St. Elizabeth Ann Seton: The Immigrants’ Advocate”*

In this era of massive migration of diverse peoples, the presentation will focus on the experience of those who entered Ellis Island as seen through the eyes of St. Elizabeth Ann Seton, our first American-born Saint. Through prayer, song and interaction, the participants will gain new insight into the plight of the “new immigrant” in our land of freedom and opportunity for all.

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**Silent Directed Retreat Weekend** – Directors: Judith Bayer and Sr. Jean Marie Holup, SSCM

November 12 - 14, 2010 – Arrival: Fri., 7:00 PM – Departure: Sun., 2:00 PM – Offering: \$150.00

Registration Deadline: Nov. 5, 2010

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**1<sup>st</sup> Friday Evening** – Presenter: Fr. Gerard Heintzelman

Date: December 3, 2010 – Arrival: 5:45 PM – Departure: 8:00 PM – Suggested Donation: \$20.00  
6-7:00 PM Exposition / Talk / Benediction – 7:00-7:45 availability for Confession – 7:55 Closing Prayer

Registration Deadline: Nov. 30, 2010

*“Long Awaited”*

Advent: the call to recapture the longing of our ancestors, Israel, for a Messiah. Reflections on the Psalms of Longing

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**Reflection Morning** – Presenter: Sr. Linda Marie Bolinski, SSCM

December 4, 2010 – Arrival: 9:45 AM – Departure: 12:00 Noon – Offering: \$20.00

Registration Deadline: Nov. 30, 2010

*“The Advents of Life”*

Advent is more than a liturgical season: it is a reminder of the seasons throughout our life when God comes to visit and to invite us to step out in faith. The men and women we hear about in the Advent scriptures encourage us to trust God’s plan and move beyond fear to hope.

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