



Saint Cyril Spiritual Center

Danville, Pennsylvania

Mission Statement

Saint Cyril Spiritual Center is a sponsored ministry of the Sisters of Saints Cyril and Methodius dedicated to providing "service to the people of God in love and compassion" (SSCM Charism).

Sensitive to the contemporary needs of those seeking time apart with God, the Spiritual Center welcomes people of various faiths and ages with gracious hospitality. The Center offers retreats, spiritual direction and a quiet place for individuals or hosted groups, within a serene setting of natural beauty, "so that the gospel vision of the Kingdom may be fulfilled in us and in those we serve." (SSCM Mission)



2008 Retreat Schedule

Listed below are offerings for 2008. To register for any of the following retreats, or for a solitary hermitage experience at our refurbished farmhouse, or for Spiritual Direction, please contact Sister Jean Marie, SSCM, at Villa Sacred Heart Danville, PA 17821-1698 or contact her through the SSCM website: www.sscm.org.

Directed or private retreats of varying periods of time during the year can be arranged by request.

Register online at www.sscm.org or CALL 570 -275-3581

Groups are Welcome!

Please contact Sr. Philothea, SSCM, at the above mailing address if you are interested in having accommodations for your group or contact her through the SSCM website: www.sscm.org.

If you are interested in volunteering your services, please contact us.

St. Cyril Spiritual Center Calendar of Programs January through December 2008

<u>JANUARY</u>			
18-20	Directed Retreat	Sr. Jean Marie, SSCM	\$140.00
<u>FEBRUARY</u>			
7-10	WOMEN'S CURSILLO	<i>HOSTED GROUP</i>	
15-17	Directed Retreat	Directors: Judith Bayer & Sr. Jean Marie, SSCM	\$140.00
23	Lenten Reflection Day (10:00 am-3:00 pm)	Jim Dinn	\$40.00
28-3/2	MEN'S CURSILLO	<i>HOSTED GROUP</i>	
<u>MARCH</u>			
9	Lenten Reflection Day (9:00 am-3:30 pm)	SSCMs & Staff	\$30.00
11	GMC's SPIRITUAL CARE GROUP	<i>HOSTED GROUP</i>	
16-22	"God's Mountain & My Mountain-Journey toward Holiness"	John Kemper, S.S.	\$340.00
27-30	MEN'S TRES DIAS	<i>HOSTED GROUP</i>	
<u>APRIL</u>			
11-12	COLLEGE WOMEN'S RETREAT	Sr. Deborah Marie, SSCM	
17-20	WOMEN'S TRES DIAS	<i>HOSTED GROUP</i>	
25-26	METHODIST WOMEN'S GROUP	<i>HOSTED GROUP</i>	
<u>MAY</u>			
2-4	Directed Retreat	Directors: Lu Ann O'Connell & Sr. Jean Marie, SSCM	\$140.00
17	May Reflection Day (10:00 am-3:00 pm)	Sr. Jean Marie, SSCM	\$40.00
24	Reflection Day & Social for Young Single Adults (10:30 am-11:00 pm)	Presenters: Fr. Tom Morrow, Ellen and Greg Amarante, Sr. Jean Marie, SSCM	\$65.00
<u>JUNE</u>			
6-8	SLOVAK LUTHERAN ASSEMBLY	<i>HOSTED GROUP</i>	
13-20	Directed Retreat - Directors: Sr. Mary Jo Kearns, RSM and Sr. Jean Marie, SSCM		\$340.00
15-21	Preached: "Poetry & Faith"	Presenter: Jude Michael Krill, OFM Conv.	\$340.00
<u>SEPTEMBER</u>			
6-12	Preached: "Aging with Grace"	Barbara Metz, SNdeN and John Burchill, OP	\$340.00
19-21	New Cumberland Women's Retreat	Presenter: Sr. Jean Marie, SSCM Spiritual Directors: Joan Liebler and Sr. Maria DeMonte, OP	\$180.00
<u>OCTOBER</u>			
3-5	Directed Retreat	Directors: Lois Miller and Sr. Jean Marie, SSCM	\$140.00
9-12	MEN'S TRES DIAS	<i>HOSTED GROUP</i>	
24-25	CONF. OF SLOVAK RELIGIOUS	<i>HOSTED GROUP</i>	
<u>NOVEMBER</u>			
6-9	WOMEN'S TRES DIAS	<i>HOSTED GROUP</i>	
14-16	Directed Retreat	Sr. Jean Marie, SSCM	\$140.00
<u>DECEMBER</u>			
6	Advent Reflection Day (10:00 am-3:00 pm)	Sr. Jean Marie, SSCM	\$40.00
12-14	Directed Retreat	Sr. Jean Marie, SSCM	\$140.00

**Groups are Welcome! For Group accommodations call Sr. Philothea.
Directed or private retreats of varying periods of time during the year can be arranged by request.
Register now for any Retreat! Call 570 -275 -3581**

Types of Retreat Offerings

Directed or Private Self-Directed Retreat

This retreat is *silent*. A contemplative atmosphere will be supported by silent meals with quiet music. It will offer time for prayer, Liturgy, and (for those who choose directed retreat) meeting privately with a spiritual director to discuss their experience of God in prayer. A *private retreat* is spent in *silence* and prayer, but is *self-directed*.

Preached Retreat

This is a structured retreat with a director who develops a theme through a combination of talks, discussions and/or activities. There are times for silent prayer, Liturgy, individual leisure activities and the Sacrament of Reconciliation. A choice of silence or conversation at meals is usually given.

Reflection Day

This is a time to reflect on a seasonal theme for several hours with people who are interested in doing the same. The director will guide the day's reflection and interaction with the group.

Weekend Retreat

Together with a director (or directors), the retreatants explore the theme of the retreat through talks, individual and group activities and prayer experiences.

St. Cyril Spiritual Center 2008 Presenters

Sister Jean Marie Holup, SSCM, is the director of St. Cyril's Spiritual Center. She received her Master's degree from Creighton University, Omaha, Nebraska, and did her practicum at the Jesuit Center for Spiritual Growth, Wernersville, PA. As an experienced spiritual director, she has witnessed the profound insights discovered through the working of the Holy Spirit during each person's spiritual journey. She has been involved in retreat work on the East Coast, in several Mid-Western States, and in Nova Scotia, Canada. Since 1992 it has been her joy to accompany laity, clergy of various denominations and men and women religious on their spiritual journeys.

Programs: Jan. 18-20; Feb. 15-17; May 2-4; May 17; May 24; June 13-20; Sept. 19-21; Oct. 3-5; Nov. 14-16; Dec. 6; Dec. 12-14



Judith Bayer is a wife, mother, and grandmother who felt invited to follow the Spirit's lead in completing a three-year program for certification as a Spiritual Director from the Institute of Contemporary Spirituality at Marywood University in Scranton, PA. She sees "Spiritual Direction as a conversation with a director, focused on prayer and discernment, a way to open the door to a deeper, more fulfilling relationship with God." Currently, Judith offers spiritual direction to several people on a regular basis. Her interests include gardening, reading, and studying art, psychology, and religion.

Program: Feb. 15-17

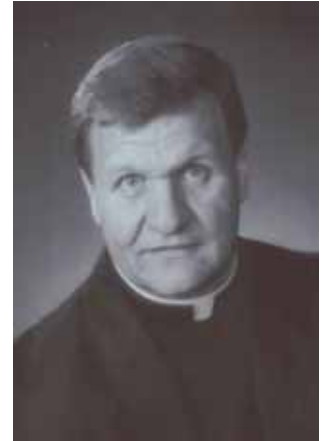


Jim Dinn worked for the Diocese of Portland, Maine, where he and his wife Agnes gave workshops for parish groups, and offered retreats for adults, catechists, and teachers. He also wrote and distributed peace and justice materials while working in the national Pax Christi Office and continues to write and publish religious articles for Claretian publications, especially for *U.S. Catholic*. His academic background includes an MRE (Master of Religious Education) and a PhD in English. Currently, Jim and his wife reside at the Meadows in Danville where they are involved in Eucharistic ministry, a Bible group, and a variety of personal projects.

Program: Feb. 23

John Kemper, a Sulpician, ordained for 25 years, received his Doctor of Ministry from the Pacific School of Religion/Graduate Theological Union in Berkeley, CA, in 1993, and an M.A. in Theology and an M. Div. from Mount St. Mary's College, Emmitsburg, MD. He has been a Professor of Pastoral Theology at the Oblate School of Theology, San Antonio, TX, and SS. Cyril and Methodius Seminary in Orchard Lake, MI. He has published numerous works in *The Priest*, *Seminary News*, and *Human Development*.

Program: Mar. 16-22



LuAnn Sgrecci O'Connell is the mother of five children whom she and her husband have been homeschooling for 12 years. She is a Spiritual Director who received her training through Oasis Ministries. LuAnn received a Master's Degree in Public Policy Analysis and worked for a State School Board Association and a college computing center. Her passions are Jesus Christ, learning, writing, nature, history, art, contemplative living, and helping others grow closer to God.

Program: May 2-4

Sister Mary Jo Kearns, RSM, received her M.A. in religious studies from Providence College, Rhode Island. After teaching elementary school for eight years, she, along with three other Sisters of Mercy, established Mount St. Mary House of Prayer on the grounds of the Sisters of Mercy Motherhouse in Watchung, NJ. A co-director at the House of Prayer for the past 31 years, Sr. Mary Jo is certified in spiritual direction, retreat direction, and pastoral bereavement counseling.

Program: June 13-20



Jude Michael Krill is a Conventual Franciscan Friar who is currently Chaplain and Professor of Theology and English at Neumann College, Aston, PA, a Franciscan college sponsored by the Sisters of St. Francis of Philadelphia. Friar Jude Michael belongs to the St. Anthony of Padua province, headquartered in Ellicott City, MD. He has been ordained for 25 years, serves as a definator in community administration and has given numerous missions and retreats throughout the country.

Program: June 15-20

St. Cyril Spiritual Center 2008 Presenters, continued



Program: Sept. 6-12

Barbara Metz, SNDdeN, has an M.S. in Mathematics, and an M.A. in Theology. Barbara has extensive experience in retreat ministry, spiritual direction, formation and renewal work, and parish missions in the U.S., Canada, Africa and Ireland.

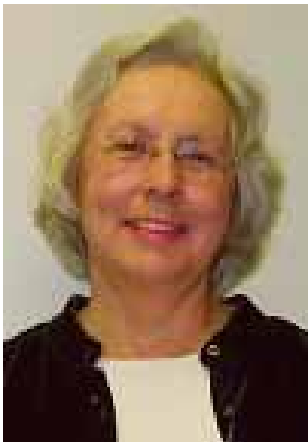


John Burchill, OP, S.T.D., has ministered in retreat work, spiritual direction, renewal and formation work, and parish missions in the U.S., Canada, Africa, and New Zealand.

Fr. John Burchill and Sr. Barbara Metz have teamed together for a number of years. They were co-founders of the Renewal Program held at St. Stephen Priory, Dover, MA. During that time they co-authored the book, The Enneagram and Prayer. They also were members of the founding team of Berakah Renewal Program in Pittsfield, NH.

Sister Maria Demonte, O.P., has an M.A. in Pastoral Ministry and Spirituality, and an M. Div. in Scripture and Pastoral Ministry. She is certified as a Spiritual Director. Her experiences include parish and diocesan ministries in the Albany, NY, Diocese as DRE, Pastoral Associate, Spiritual Director, and her work with the Retreats and Lay Leadership Training Programs. The past six years she has been on the retreat staff in Elkins Park as the Spiritual Director who creatively developed new forms of retreats.

Program: Sept. 19-21



Joan Gratto Liebler is a mother, mother-in-law, widow, and friend. She is also professor emeritus, Temple University, Philadelphia. Her professional work has been in health care administration. Along the way, Joan also added a degree in religious studies from St. Charles Seminary, Philadelphia, with emphasis on medical ethics and end-of-life decision-making. She completed the training program in spiritual companionship and retreat direction at the Jesuit Center for Spiritual Growth, Wernersville, PA., a program in Jungian psychology and organizational dynamics. She has presented many retreats and days of recollection in parishes and retreat centers.

Program: Sept. 19-21

Lois Landis Miller is a Spiritual Director who received her training through Kairos School of Spiritual Formation located at the Jesuit Center for Spiritual Growth in Wernersville, PA.. Lois has a B.S. in Elementary Education. She is married and is the mother of three young adult children. Currently, Lois is involved in pastoral care and prayer ministries in her church. Her greatest joy is companionship others on their spiritual journeys.

Program: Oct. 3-5



St. Cyril Spiritual Center Programs

Directed Retreat - Sr. Jean Marie, SSCM

Dates: January 18-20, 2008
Arrival: Friday, 7:00 pm
Departure: Sunday, 2:00 pm
Offering: \$140.00
Registration Deadline: January 11, 2008



Directed Prayer Weekend - Judith Bayer and Sr. Jean Marie, SSCM

Dates: February 15-17, 2008
Arrival: Friday, 7:00 pm
Departure: Sunday, 2:00 pm
Offering: \$140.00
Registration Deadline: February 8, 2008



Lenten Reflection Day - Jim Dinn

Date: February 23, 2008
Arrival: 9:30 am Registration
Program: 10:00 am - 3:30 pm
Offering: \$40.00
Registration Deadline: February 15, 2008

This Lenten Reflection day is entitled "Voices for Lent."

John the Baptist and Jesus both speak to us this Lent, about choice, repentance, and life. The gospel readings for this season challenge us to hear both voices.



Holy Week Preached Retreat - John Kemper, S.S.

Dates: March 16-22, 2008
Arrival: Sunday, 4:00 pm
Departure: Saturday, 3:00 pm
Offering: \$340.00
Registration Deadline: March 7, 2008

"God's Mountain and My Mountain: Our Journey to Holiness"

The Mountain is a strong and powerful metaphor in many cultures and religions as it is within our Christian faith. We see contemporary usage of the Mountain as a spiritual quest in the writings of Thomas Merton, The Ring Trilogy, and most recently in Harry Potter.

As followers of Jesus we, too, begin a faith journey in the waters of Baptism. Our journey involves daily discernment, making right judgments and selecting the right course or path to follow. Jesus, too, was on a journey up a mountain, the journey of the cross. He like us discerned his call and cooperated with the will of God in his life. For that faithful cooperation, Good Friday was not the end of the story for him because Easter Joy won out. So, too, if faithful on our journey up the mountain, we will also share that Easter Joy. Join us during Holy Week and let us walk up God's Mountain together.

Directed Prayer Weekend - LuAnn Sgrecci O'Connell and Sr. Jean Marie, SSCM

Dates: May 2-4, 2008
Arrival: Friday, 7:00 pm
Departure: Sunday, 2:00 pm
Offering: \$140.00
Registration Deadline: April 25, 2008



Day of Reflection - Sr. Jean Marie, SSCM

Date: May 17, 2008
Arrival: 9:30 am Registration
Program: 10:00 am - 3:30 pm
Offering: \$40.00
Registration Deadline: May 9, 2008

“The Journey to God”

In the Christian tradition the journey to God is a three-fold path of Emptying, Illumination, and Union. Join us for a day of pilgrimage, a sacred path of prayer and meditation to help us discover the workings of the Holy One in our lives. This program will provide a presentation, quiet time, and sharing. Come on the journey with us!



Reflection Day and Social for Young Single Adults -Father Morrow,
Mr. and Mrs. Amarante, Sr. Jean Marie, SSCM

Date: May 24, 2008
Arrival: 10:30 am Registration
Program: 11:00 am - 8:00 pm (Includes Liturgy for Sunday)
Social: 8:00 pm - 11:00 pm
Offering: \$65.00 (optional overnight, add \$30.00) Registration Deadline: May 16, 2008

“Singles and Dating”

Father Tom Morrow’s theme will focus on singles and dating as a three-way relationship between the couple and their attachment to God--a relationship that doesn’t obsess about marriage. Ellen and Greg Amarante will speak about “The Theology of the Body” while Sr. Jean Marie, SSCM, will give input on the topic of “Prayer.” The day will include time for reflection, liturgy, and witness talks on various lifestyles, with the evening given to socializing. Overnight accomodations are available.

When registering, please make checks payable to: Northern Deanery Young Adults
For any further details, please call: Shelly Emery at (570) 271-0563



Directed Retreat - Sr. Mary Jo Kearns, RSM and Sr. Jean Marie, SSCM

Dates: June 13-20, 2008
Arrival: Friday, 4:00 pm
Departure: Friday, 10:00 am
Offering: \$340.00
Registration Deadline: June 6, 2008

Preached Retreat - Jude Michael Krill, OFM Conv.

Dates: June 15-21, 2008
Arrival: Saturday, 11:00 am
Departure: Saturday, 11:00 am
Offering: \$340.00

Registration Deadline: June 6, 2008

“Poetry and Faith”

“The reader of poetry is a kind of pilgrim setting out, setting forth....Reading poetry is an adventure in renewal, a creative act, a perpetual beginning, a rebirth of wonder.” (Edward Hirsch)

Poetry is the best of any language; oftentimes poems express a deep longing for God. Poetry began in religious ritual. Throughout history, composing and hearing poetry have been considered religious acts, for poems contain eternal truths.

In poems we find precise expression of the emotions and experiences many of us struggle to articulate. Poetry celebrates life, the divine, the holy, the sacred, the treasure house of the human spirit, and often poems link us to faith and prayer. Jesus holds a perennial appeal for poets. Across the world and across the centuries, poets have been intrigued by his life and his mission of love. During these days of retreat we shall allow some great verse to guide us on pilgrimage to grow closer to God.

Do not allow the poetry aspect to frighten you...it’s there only to help, so one need not worry that it will be too much...poems will be shared for your private reflection only.



Preached Retreat - Fr. John Burchill, OP and Sr. Barbara Metz, SNDdeN

Dates: September 6-12, 2008
Arrival: Saturday, 11:00 am
Departure: Friday, 2:00 pm
Offering: \$340.00

Registration Deadline: August 29, 2008

“Aging with Grace”

There is a tremendous interest in how our human lives, unfold, develop and come to fullness, as well as in the letting go and diminishment that are part of living. This retreat will help the participants to remember, to celebrate and to reconcile with their pasts, as well as come to understanding of the processes that are common to all of us on our human journeys. These topics will be incorporated into the retreat:

Facing the Truth of the Elder Years,
The Gift of our Lives: We Remember, We Celebrate, We Give Thanks
God’s Forgiving and Healing Embrace
Prayer: Presence to the Presence of God
Befriending One’s Deepest Self
The Call to Witness to the End, even unto Death
Life Summons Us

A Women's Get-Away Weekend Retreat - Sr. Jean Marie, SSCM
Spiritual Directors: Sr. Maria Demonte, OP; Joan Gratto Liebler

Dates: September 19-21, 2008
Arrival: Friday, 4:00-8:00 pm
Departure: Sunday, 2:00 pm
Offering: \$180.00 (\$185.00 with Friday supper) Registration Deadline: September 5, 2008

“Sisters in Faith”

“A sister is one of the nicest things that can happen to anyone. She is someone to laugh with and share with, to work with and join in the fun. She is someone who helps in the rough times and knows when you need a warm smile. She is someone who will quietly listen when you just want to talk for awhile. A sister is dear to you always for she is someone who is always a part of all the favorite memories that you keep very close to your heart.” ~Author Unknown~

“Is solace anywhere more comforting than in the arms of a sister?” (Alice Walker)

Even if you don't have a blood sister, come and enjoy a Spiritual and Social Women's Get-Away Weekend Retreat with your “Sisters in Spirit” and revive your Spirit, Soul, and Body! During the weekend enjoy stories, celebrations, and explorations of courageous Spirit-filled “Women of Faith” then and now and draw from their Wisdom!



Directed Prayer Weekend - Lois Landis Miller and Sr. Jean Marie, SSCM

Dates: October 3-5, 2008
Arrival: Friday, 7:00 pm
Departure: Sunday, 2:00 pm
Offering: \$140.00 Registration Deadline: September 26, 2008



Directed Prayer Weekend - Sr. Jean Marie, SSCM

Dates: November 14-16, 2008
Arrival: Friday, 7:00 pm
Departure: Sunday, 2:00 pm
Offering: \$140.00 Registration Deadline: November 7, 2008

Advent Reflection Day - Sr. Jean Marie, SSCM

Date: December 6, 2008
Arrival: 9:30 am Registration
Program: 10:00 am - 3:30 pm
Offering: \$40.00

Registration Deadline: December 1, 2008

A Day of “Divine Reading”

“Lectio Divina” or “Divine Reading” is an ancient and fruitful spiritual practice which engages the whole person: mind, heart, and spirit.

Encounter God through the mindful reading of the Infancy narratives during this Advent Reflection Day. When the sacred texts are read slowly and sacramentally, they come inside the body and soul, becoming the very food that nourishes our spirits.



Directed Prayer Weekend - Sr. Jean Marie, SSCM

Dates: December 12-14, 2008
Arrival: Friday, 7:00 pm
Departure: Sunday, 2:00 pm
Offering: \$140.00

Registration Deadline: December 5, 2008